

Veneers, Resin (Post-Treatment Patient Instructions)

Date: _____

Tooth Numbers: _____

Resin Brand: _____

Color: _____

We have placed resin (plastic) veneers on your teeth. These restorations were fabricated using the finest materials and techniques available today, and you should receive several years of excellent service from them. Please be aware of the following information about your restorations:

Chewing: Avoid chewing excessively hard foods such as hard candy, corn nuts, ice, bones, etc., because the resin material can be broken from the tooth under extreme force. In the event a breakage occurs, replacement of the veneer is not difficult.

Recall Visits: Professional examinations every six months are suggested. Any developing problems can be observed at an early stage and can be repaired easily, while waiting for a longer time may require redoing the veneer. We will contact you when it is time for your recall appointment.

Preventive Procedures: To provide optimum longevity of your restorations and to prevent future dental decay and supporting tissue breakdown, please use the following preventive procedures that are checked below:

- _____ a. Brush with a fluoride-containing toothpaste, and floss your teeth at least once a day, preferably before going to bed.
- _____ b. Swish vigorously for 30 seconds daily with a fluoride-containing mouth rinse available over-the-counter without a prescription. The best time is immediately before bedtime.
- _____ c. Use a Water Pik as directed
- _____ d. Use a 1.1% neutral sodium fluoride as a brush-on material. These products require a prescription from us.
- _____ e. Use a mechanical toothbrush.

The Future: You will receive several years of service from your veneers. However, after observing veneers serve patients for many years, we have seen the following conditions occur occasionally.

- a. Depending on the foods you eat and other factors, a slight change in the color of the veneers may occur over a period of years. If the color change is objectionable to you, the veneers should be replaced.
- b. Depending on what you eat or drink, the veneers may develop slight stains around the edges. Please tell us if this occurs. Repairs can usually be accomplished early, prolonging the service of the veneers.
- c. The gums (gingiva) may recede from the veneers, displaying discolored tooth structure underneath. This condition may require veneer replacement or other modifications.